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Chairman's Report

"This year has been one to remember" This year has been overshadowed by the very sad loss of our Chairman, Ann Treglown, on 2nd May. Ann was a well-liked, respected and energetic u3a Committee member, serving for 8 years as Secretary, Treasurer and elected Chairman for the last 2 years. We will all greatly miss her enthusiasm and knowledge.

But knowing Ann, she would be wanting us to 'just get on with it' - so here goes. I am honoured to have been elected Chairman and look forward with optimism to the challenges of the year ahead with the support of my Committee colleagues.

In 2022, we celebrated the Queen's Platinum Jubilee and her sad, untimely passing affected us all deeply. This year has also been one to remember for the 40th anniversary of the u3a, the Carnival and the heatwave! Our choir's concert in Jubilee Gardens encompassed these on the last day of the Carnival, with the audience sheltering from the sun under the tree (see cover) and the choir paying tribute to the u3a's principals.

Our membership is growing again as existing members

return and new members join us - all getting to grips with online payments which, once mastered, are very easy. Please ask any Committee member for advice if you are unsure.

We hope to be seeing you at our **Activities Booster Meeting** on 1st November in the
Fairycroft House café, when members can
meet coordinators and sign up for classes.

Jim Dwyer, Chairman



There's money hidden in this edition (not real I'm afraid!) and a deliberate spelling mistake, find them if you can! The crossword theme is 1960s 'Pop' - now you must give that a go.

Send your answers to the Editor at ... jim_dwyer@btinternet.com

Membership Secretary's Report

"I sincerely hope that the Covid pandemic is behind us"

Thank you to everyone who has renewed their membership for 2022 / 2023 and welcome to all our new members.

This year we activated a facility in our Beacon system to enable membership fees to be paid on-line. My special thanks if you used this new on-line facility because this saves postage - and saves me time and effort too!

I sincerely hope that the Covid pandemic is now behind us and that we can get a semblance of normality back into our lives.

With that in mind I would encourage everyone to take part in as many u3a classes / activities as they can.

I wish you all an enjoyable and happy 2022 / 2023.

John Trueman, Membership Secretary



A fter a little break, I am back on the Committee as Activities Organiser. And I'm as enthusiastic as ever to find out what you would like to be involved in, what you can offer our u3a, and your ideas for new groups.

We have spaces in a number of groups, so please come along to the Activities Booster Meeting to find out what is currently available, and of course I'm hoping to hear from anyone who can start a new group.

The mantra of u3a is "by the members, for the members" – so let's learn, laugh and live together.

See you soon.

Mary Curtis, Activities Organiser

Activities Organiser's Report

"let's learn, laugh and live together"

Saffron Walden u3a Committee

T: (1			
Title	Name	Telephone	Email
Chairman & Update Editor	Jim Dwyer	01799 521524 Mob 07531 115160	jim_dwyer@btinternet.com
Secretary	Tony Treglown	01799 516707	tregact@gmail.com
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Membership Secretary	John Trueman	01799 541288	joandjohnt@btinternet.com
Activities Organiser & Vice Chairman	Mary Curtis	01799 524784	maryfcurtis@live.co.uk
Speaker Organiser	Brian Kerrison	01799 516586	briankerrison599@btinternet.com
Venues Organiser	Susan Brown	07808 772774	susan_m.brown@icloud.com
Events Organiser	Marilyn Hemmings	07788 544401	marilynhemmings@sky.com
Non Committee			
Website Manager	Martin Hugall	01799 527805	website@saffronwaldenu3a.org.uk

Activities Booster Meeting

t's been a difficult few years for everyone, but our u3a has always been active and it's now time to boost our membership and encourage even more involvement. Therefore we are hosting an

Activities Booster Meeting on Tuesday 1st November from 10.30 am – 12.30 at Fairycroft House, Community Centre, Saffron Walden.

This event is for all our u3a members, at which you can meet the group coordinators, find out about the activities on offer, enjoy some refreshments, and socialise with friends old and new. *We hope to see you there.*



Classes and Coordinators

Class	Coordinator	Telephone & Email	Day	Time & Venue
Art	Jean Mead	01799 501405 j.mead@mac.com	Tuesday	2:00 - 4:00 pm URC
Art Appreciation	Linda Dyer	01799 218759 lindadyer70@yahoo.co.uk		10:30 - 12:00 pm Bowling Club
Ballroom & Seq. Dancing	Pauline Palmer	01799 502560 pauline.palmer3@ntlworld.com	Tuesday	9:45 - 10:45 am URC Hall
Birdwatching	John Adcock	07756 405947 johnwadcock@hotmail.com	Tuesday	From 19th October
Book Group	Mary Curtis	01799 524784 maryfcurtis@live.co.uk	First Thursday	10:30 - 11:30 am Café Cornell
Choir	Walter Poulter	01799 513184 w.poulter9999@btinternet.com	Wednesday fortnightly	11:30 am - 1:00 pm Quendon Hall
Cribbage	John Trueman Christine Taylor	01799 541288 joandjohnt@btinternet.com 01799 501886 christine.e.taylor@ntlworld.com	Thursday	2:00 - 4:30 pm Fairycroft
Drama	Gill Williamson	01799 524947 gill.e.williamson@gmail.com	Contact coordinator	
Easy Riders Cycling	Colin and Anne Taylor	colinandannetaylor@live.co.uk	First Thursday	11:00 am

Classes and Coordinators					
Class	Coordinator	Telephone & Email	Day	Time & Venue	
Exploring Churches	Christine Hall	01279 815662 c.hall153@btinternet.com	Second Friday	Various	
French Conversation 1	Joelle Doegar	01799 501897 joelle.doegar@gmail.com	Monday	2:00 pm Members' homes	
French Conversation 2	Isobel Jones	01799 522552 isobel.jones@talktalk.net	Thursday	10:30 - 12:00 pm Members' homes	
Gym Fit 1	Judy Hervey-Murray	01799 543164 judyhm@btinternet.com	Tuesday	11:30 - 12:10 pm Just Gym	
Gym Fit 2	Judy Hervey-Murray	01799 543164 judyhm@btinternet.com	Monday	3:00 - 3:40 pm Just Gym	
History Byways	Diane Tucker	tucker.diane@gmail.com	Monday fortnightly	11:00 - 12:00 pm Baptist Chapel	
Indoor Bowling	Derek Ayres	01799 521180 derekandjuneayres@yahoo.co.uk	Contact coordinator	Turpins Indoor Bowls (behind Butler centre)	
Keep Fit	Lynda Sawkins	01799 521022 sawkins.roylynda@gmail.com	Wednesday	11:15 - 12:15 pm Baptist Hall	
Knit & Natter	Penny Maystre	01799 501262 pennymaystre74@hotmail.com	Monday	10:00 - 12:00 pm Coordinator's home	
Landscape & Literature	Alex Reeve	01799 522818 alex_reeve@hotmail.com	Contact coordinator	Contact coordinator	
Latin 1	Kevin Fitzpatrick	01799 516204 07972 217589 poppachops@me.com	Thursday	2:00 - 3:00 pm Baptist Church	
Latin 2	Alex Reeve	01799 522818 alex_reeve@hotmail.com	Monday	11:00 - 12:30 pm Coordinator's home	
Line Dancing	Sheila French	01799 530364 sheilamfrench@btinternet.com	Monday	12:00 - 1:00 pm URC Hall	
Literature	Elise Collins	01799 540316 emcollins1@hotmail.co.uk	Last Wednesday	2:30 - 3:30 pm Fairycroft	
Lunch Club	Peter Cowper	01799 527161 petercowper@btinternet.com	Various	Monthly	

Classes and Coordinators				
Class	Coordinator	Telephone & Email	Day	Time & Venue
Mah-Jong 1	Christine Greet Irene Bedward	01799 531732 tygreet@gmail.com 01799 528178 irenebedward@hotmail.com	Wednesday	2:00 - 4:00 pm Bowling Club Abbey Lane
Mah-Jong 2	Jess Grinyer	01799 500344 / 07811 382541 jess.grinyer@ntlworld.com	Thursday	1:30 pm Jess's home
Mah-Jong 3	Geraldine Plunkett	01799 599159 ger_plunkett@yahoo.co.uk	Contact coordinator	
Mandarin	Wen Zhang	07425 830888 zhangwenl@gmail.com	Tuesday Friday	1:00 - 1:30 pm both, contact coordinator
Natural History	David Saunders	01799 501696 david.saunders560@ntlworld.com	1st Tuesday monthly	2:00 pm contact coordinator
Nice'n'Easy Fitness	Jan Powell	01799 523855 janibobs@ntlworld.com	Wednesday	12:30 - 1:30 pm Baptist Church
Philosophy 1	Richard Gilyead	01799 510749 rgilyead@gmail.com	Tuesday monthly	10:30 am Richard's home
Philosophy 2	Denys Hickey	01799 523904 denys.hickey@gmail.com	Third Thursday	10:30 - 12:30 pm Coordinator's home
Photography	Bronwen Woods	01799 599950 bronwenwoods@btinternet.com	2nd Monday monthly	2:00 - 4:00 pm Bowling Club
Pilates 1	Hilary Price	01799 521696 hilaryprice127@gmail.com	Thursday	1:00 - 2:00 pm Friends Meeting House
Pilates 2	Irene Bedward	01799 528178 irenebedward@hotmail.com	Thursday	2:00 - 3:00 pm Friends Meeting House
Pilates 3 & 4	Ann Cousins	01799 219072 cous.anns@gmail.com	Monday from 1 November	3) 1:30 - 2:30 pm 4) 2:30 - 3:30 pm Baptist Hall
Pilates 6	Judith Forster	01799 541409 j_m_forster@hotmail.com	Wednesday	1:30 - 2:30 pm Seward's End Hall
Pilates 8	Chris Kerrison & Christine Simpson	01799 516586 briankerrison599@btinternet.com	Tuesday	11:30 - 12:30 pm Baptist Hall
Play Reading	Alan Nicholls	01799 522260 alannicholls36@gmail.com	Third Monday	Coordinator's home

Classes and Coordinators				
Class	Coordinator	Telephone & Email	Day	Time & Venue
Ramblers 1	Keith Patmore	01799 527568 keithpatmore@btinternet.com	Thursday fortnightly	10:00 am Leisure Centre
Ramblers 2	Colin Potterill	01223 834937 colinpotterill@hotmail.co.uk	Thursday fortnightly	10:00 am Leisure Centre
Scrabble	Bronwen Attenborough	01799 524772 bronwen.atten@googlemail.com	Thursday	10:00 - 12:30 pm Member's home
Spanish Improvers	Jessica Reeve	01799 522818 jessicareeve@hotmail.co.uk	Wednesday	2:00 pm Jessica's home
Table Tennis	Ann Cousins	01799 219072 cous.anns@gmail.com	Wednesday	2:00 - 4:00 pm Widdington Village Hall
Tai Chi 1 & 2	Angela Rowland	01799 521192 mrsarowland@gmail.com	Wednesday	1) 9:30 - 10:45 am Baptist Church 2) 10:45 - 12:00 pm Baptist Church
Theatre & Travel Holidays	Christine Duffy Jim Dwyer Pam Mugliston Jean Little	01799 520173 chrisduffy146@gmail.com 01799 521524 (07531 115160) jim_dwyer@btinternet.com 01799 521697 (07910 746887) pjmteddybear@btinternet.com 01799 513411 little361@btinternet.com	Last Friday monthly	1:30 pm Baptist Hall
Ukulele	Mary Curtis	01799 524784 maryfcurtis@live.co.uk	Wednesday fortnightly	10:00 - 11:30 am Wimbish Village Hall
Writing for Pleasure	Diane Drury	07870 900852 dianejgdrury@gmail.com	Monday fortnightly	10:30 - 12:30 pm Bowling Club

<u>Coordinators</u>: please check your details and advise the Editor if there are any errors. If you don't want your details to appear on the website please advise the Website Manager (details page 5).

Congratulations

M any congratulations are due to Saffron Walden u3a member Jan Menell on being awarded the British Empire Medal in the Queen's Birthday Honours.



Jan was a local midwife before becoming Chairman of Uttlesford District Council in 1994/95, having served on the Council since 1974 and on Littlebury Parish Council since 1971.

For her Chairman's charity, a secondhand double decker bus was purchased and, together with a group of 'Mums', £18,000 was raised which enabled Buffy Playbus to start up, offering an outreach service to more isolated communities for the benefit of under-fives and their parents or carers. Buffy actually stands for Babies Under Fives Family Year starting in the International Year of the Family. Now on their third bus, the service is still running, visiting 15 villages weekly within Uttlesford and always manned by two qualified play leaders. Support comes by constant fund raising and from donations.

Jan is Chairman of the Management Committee for UBBA (Uttlesford Buffv Bus Association) and remains a Parish Councillor for Littlebury having served 51 years. She was made an Honorary Alderman for Uttlesford in July 2015 and was a District Councillor for Littlebury Ward from 1974-2015 when the seat was lost in boundary changes. Jan retired from community midwifery at 65 but continued as an antenatal educator until she was 80. She has had two books published - 'Waiting for Charlie' and 'After Charlie', both based on village life. Jan also acted as a School Governor for Great Chesterford C of E Primary School for 5 years and remains trustee of Littlebury United Charity and Jane Bradbury Educational foundation.

Jan continues to live in Littlebury Green where she enjoys her beautiful garden (pictured) with her two donkeys, several chickens and her dog, having been widowed in 2014; her 2 sons and 5 grandchildren all live locally. Jan is an active member of the Saffron Walden u3a and enjoys her membership of the Writing for Pleasure Group and Choir.

Uttlesford Community Bus

is available to all u3a members.

If you have transport needs just get in touch on 01799 519008 or info@uttlesfordcommunitytravel.org

Literature

his group has been going for some fourteen years now. Our first sessions were held in the old Bell College - that's how long ago it was. I've been tutor to the group since the beginning and there are a couple of students who have been with me since then. We read and discuss books, mostly fiction. It's a class rather than a book group, so we examine the way a novel works, tease out its themes and structure. For example. we might ask why an author has chosen to use a first-person narrator to tell her story. What are the pros and cons of this method of narration? How do the characters relate to each other and what do these relationships mean in the context of the novel as a whole?

Each year we choose a theme. We've covered a lot of ground, mixing the familiar and the out-of-the-way. In the past we've looked at Irish fiction, American short stories and novels which have been translated from other languages. This year the theme was 'In the shadow of war'. We looked at

the way the background of war had affected the lives of the novel's characters. We read novels by Ernest Hemingway, Olivia Manning and Pat Barker, among others. No one could have known how tragically appropriate this theme turned out to be in 2022!

Bloomsbury Group

For the coming year ('Bloomsbury and beyond') we will be reading works by the Bloomsbury group. Virginia Woolf of course, but also her husband Leonard and their friend E.M.Forster. We'll also read works by contemporary novelists like Ann Tyler and Zadie Smith - both writers who reflect on the values of Bloomsbury in the modern world.

We meet on the last Wednesday of the month. It's a lively, well-informed group of students who enjoy sharing their views on what they've read. You'd be most welcome to join us, see contact details on page 7.

Alan McLean, Tutor









The background photo shows half the Theatre & Travel party that visited Columbine Hall on 3rd August. They toured the gardens and are seen here standing in front of the moat with part of the house in the background. The other half of the party

were given a tour of the 14th Century manor house which is surrounded by a wide and deep moat. The two halves swapped tours after an hour and the day ended with tea, coffee and cake being served, which brought a lovely day to a good conclusion.



On the left we see Luise Roberts cutting the Cribbage Jubilee cake; coordinator Christine Taylor says there are vacancies in the group and that anyone interested should contact her, details on page 6. Top left we have a photo from Martin Hugall of Ramblers 2

dwarfed by the windmill at Great Chishall; next to that we have Ann Burgess' photo of a Carnival Bee and finally, top right, we have the Ramblers again taken this time by Wendy Gaywood at Thaxted. A colourful insight into the wonderful world of our u3a.

Leonardslee Gardens

eonardslee Gardens? Never heard of them! Where are they? My reaction I felt sure shared by many others. On a wonderful cloudless, blue skied morning in April we set off through Kent and Surrey to near Horsham.

The countryside was heavily wooded and so different to our own rolling fields of rape and wheat. The trees brilliant in their fresh Spring green finery.

Pathways descend into a deep ravine, the bottom of which hosts a series of interconnecting lakes. The tranquillity was exquisite. The paths were lined with huge bushes of azaleas and rhododendrons in full bloom of brilliant, yellow, orange, pink, lilac, and white, and magnificently tall rare specimen trees. Bluebells tumbled down on the slopes. There were wallabies to see, a talk on wine, sculptures and the most fabulous exhibition like a dolls house but depicting the Estate in 1900 in minute detail, outside occupations and interiors of shops etc. Incredible!

A sunny courtyard cafe made for a happy, interesting and wonderful day out with thanks to Chris and new driver Alex.

Jean Little





See your name in print

'Each day without writing is an uneasy day', someone once wrote to describe why they joined my Creative Writing Class. 'The class gives me a goal and direction'. People feel daunted at first at the idea that they haven't got anything worth writing about. Having taught Writing for Pleasure for many years I know that a chance remark, a photograph, a headline in the newspaper,

someone's throwaway comment can spark an idea. So if you feel like seeing your name in print, why not be a contributor for the next edition of Update? Experience the tonic of seeing your own name in print. Your contribution could take the form of a poem, a travel article, an observation, a short story, even how you coped with the heatwave. But keep it brief. Brevity is the key to good readable subject matter! Come on, have a go!

Barbara Russell

Theatre & Travel

If you like to visit interesting places or to see a West End show and enjoy the company of like-minded people, then the Theatre & Travel Group is waiting to hear from you. Please get in touch with one of our coordinators: Christine, Jim or Pamela - contact details are on page 9.

ur monthly meetings are at 2:00 pm on the last Friday of each month (except December) at the Baptist Church in Saffron Walden - remember to come along and check what trips are on offer. Doors open 1:30 pm.

We look forward to seeing you there when you can meet the organisers and book your trips. Organisers' contact details on page 9. For all the latest information please contact the organisers or check our website www.saffronwaldenu3a.org.uk



kulele

The Ukulele Group pose on the bandstand in Jubilee Gardens before supporting our Choir in its Summer Concert on 16th July. The concert was a great success and raised nearly £500 for the Addenbrookes' Charitable Trust. Choir coordinator Walter Poulter received a big 'thank you' email from Addenbrookes saying how our support meant the world to the staff, patients and their families.

As well as meeting every other Wednesday morning at Wimbish, the Ukulele Group also entertain at many social events in various venues in and around the Saffron Walden area.



If you would like the Ukulele Group to entertain at your groups' social events, then please contact Mary Curtis, details are on page 9.

Landscape & Literature

ucinda Shaw was a mother, an aspirational singer and a Dubliner who moved to London to broaden her horizons. Her son, George Bernard Shaw followed. He looked on as people laughed whenever his mother spoke in her Irish brogue. The experience spurred him to write his most famous play *Pygmalion* later made into the film *My Fair Lady*, the story of a poor, young flower girl overlooked and ignored because of her appearance, her class

and her accent. A chance meeting outside a theatre with an academically brilliant but socially inept professor of linguistics presents her with the chance to learn how to speak well, gain the respect of others and so improve her lot in life. The professor is Pygmalion to the flower girl's Galatea.

Another of Shaw's plays Village Wooing tells the story of how a working class village post mistress spots a busy and socially inept upper

class writer while on a cruise ship, how she sets out to engage with and marry him. The play brings the pair from their first on-board meeting, to another in the shop where she works, and finally to their life together as husband and wife running the village post office. She shows him how to deal with customers politely. The post mistress is Pygmalion to the writer's Galatea, an early example of feminism in action.

Both plays were written while Shaw lived in Ayot St Lawrence in

Hertfordshire. In Edwardian England, Shaw was a much sought figure who moved to the recondite village to escape the attention of the paparazzi and his admiring fans from whom he received huge numbers of letters; he replied to many and, as a result, met Jisbella Lyth, the village post mistress. Shaw ordered his stamps by sending a postcard itemising how many he needed. Lyth sold the cards, first for 3/6d, then for £2 and later for £5 to his

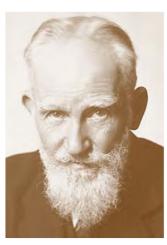
admirers. Aware of the public interest and keen to help Lyth in business, Shaw offered her photographs of himself in the form of postcards to sell from her shop. She took them on, they sold quickly. An affectionate regard grew between them centred on the post office's activities.

Having read the plays, the Landscape & Literature group set off in glorious June sunshine to explore the

village of Ayot St Lawrence. It is easy to see the parallel between Shaw and Lyth's lives and those of the lovers Village Wooing, itself the counterpoint to Pygmalion. Influences on Shaw's St Joan were also mused over. A stimulating walk was followed by a tour of Shaw's Corner and lunch in the Brocket Arms, Shaw's erstwhile local.

Next trip: The influence of E.M. Forster's early life in Weston near Stevenage on the writing of Howard's End.

Alex Reeve, coordinator



Drama

u3a

The Drama Group of Saffron Walden u3a would like to extend a warm welcome to any prospective new members who might like to join us. We meet in each other's homes, once a month, usually on the 2nd or 3rd Friday of the month. Our latest get-together was on Friday 16th September.

Sadly, the Covid pandemic put paid to any dramatic productions taking place, and as yet these have not been resumed. However, at our recent group meetings, we have enjoyed reading aloud various poetry, prose or dramatic pieces on a given subject, which we have found stimulating, entertaining and often amusing!

For more information, please contact our coordinator Gill Williamson 01799 524947 or gill.e.williamson@gmail.com

Liz Hartley



Beware Scam Emails

From time to time you may well receive an email purporting to be from another u3a member or committee member. The message is usually brief and asks a simple question like "Are you available for a chat?"

To check if the email is from the person you think it might be click on the emailer's name. This will reveal who really sent the email – no doubt a person or an email address you do not know!

Immediately DELETE the email and DO NOT REPLY as this provides the scammer the opportunity to open a chain of emails to you offering or demanding something. This could eventually lead to a request for your personal or bank details so DELETE THE ORIGINAL MESSAGE!

For more information access the Essex Police website on:

Advice about fraud | Essex Police

Tony Treglown, Secretary

Easy Riders Cycling



This picture was taken at the end of a short break, centred on Great Yarmouth. During our two half days and one full day of cycling, we crossed Breydon Water and Ormesby, Filby and Rollesby Broads. We rode along the banks of the Rivers Yare. Waveney and

Bure and along the coast – North and South of Great Yarmouth. Oh it is nice to be beside the seaside (when the weather is favourable) – as you can see by the ten smiling faces!

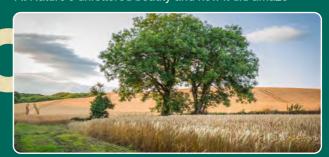
Colin'n'Anne Taylor, coordinators

Summer Evening July 2022

Everywhere I looked were rolling fields of golden wheat Dozing after the afternoon's pounding heat The ribbons of trees and hedges green Made a glorious uncluttered scene And overhead the sky's evening glow Of greys, purples, pinks, put on a show And with utter contentment on it I did gaze At Nature's unfettered beauty and how it did amaze



Jean Little



Trying to get a Skoop!



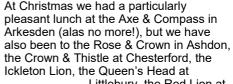
n the 7th July, I was on a Theatre & Travel trip to see My Fair Lady at the Coliseum in London. We arrived a bit early so I decided to take a walk to Downing Street. We'd heard the morning's developing news about the Prime Minister's resignation - so I thought perhaps I could get an exclusive for Update - well, you never know!

But several hundred others had the same idea, and the photo on the left here shows what I was confronted with as I approached Downing Street.

This was about 11:30 am; I heard later that the Prime Minister made his lectern appearance at 12:30 pm - by which time I was eating my Italian meal with my Theatre & Travel friends before going on to enjoy a really good show. *Editor*

Luncheon Club

The Luncheon Club has gone from strength to strength since restarting after the pandemic. We are an informal social group with fluid membership that meets monthly in a different pub or restaurant, normally around 20 people.



Littlebury, the Red Lion at Sampford, the Crown at Little Walden and, last but not least, the Coach & Horses at Newport.

Last month, for a change, we dined at the Bangkok Thai restaurant in Saffron Walden, see photo. If you fancy joining us, please contact me, details on page 7.

Peter Cowper



The Day I saw the Queen



With the sad passing of Her Majesty The Queen in her Platinum Jubilee year, let us share one member's memory of the day she saw her:

hen I saw the Queen in Cambridge on16th May 1984, I took the day off work and waited near the station. A policeman examined my cine camera closely! Then the car approached stately, but it came and went and that was it, with only a glimpse of the Royal couple waving.

Feeling let down, I walked to Emmanuel College. There were crowds lining the street, but I got a space by the low wall of the college by the entrance path. As the car slowly approached past the cheering crowds I precariously knelt on top of the wall. The roar that greeted the Queen as she descended from the car was deafening and the feeling of warmth and love enveloping, it was like a family greeting a very favourite Aunt and Uncle.

'Mind you don't fall!'

As I tried to film, the Duke pointed laughing at me and said something which I was too excited to hear properly, but it was either: 'Mind you don't fall' or something to do with the camera. I was very close to the Queen and was so impressed with her bright green wool coat, the perfect fit and finish but, more than that, her beautiful skin which seemed to glow like a ripe golden peach.

It was no surprise that she was immediately focused on the job in hand, leaving Philip to do his thing. She shook hands, a few words and into the College she went and that was my wonderful experience of the day she came to visit Cambridge. What a fantastic memory.

Jean Little



I was going to tell a joke here about a herb and a fish – but I didn't think it was the thyme or plaice.

My wife said she was going to leave me because she says I keep talking like a newsreader – well anyway more of that story later.

Cribbage

Did you know that cribbage was invented in the 17th century so is one of our oldest card games? None of our group has been playing that long but we all find it an enjoyable way to spend an afternoon in a friendly atmosphere. Crib can be played by 2, 3 or 4 players and winning involves a lot of luck and a little bit of skill. Beginners soon get the

hang of the scoring, and in our group the old hands are happy to help new members. We meet on Thursday afternoons, 2 till 4.30, at Fairycroft House and would be pleased to welcome anyone who would like to give it a try. Just call John or me, our details are on page 6. We look forward to meeting you. *Christine Taylor, Coordinator*



Quiz answers from our Spring edition

The cat was hiding on page 13 as a black silhouette, well done to Sheila Ridgewell, John Banks and Dolores Crew for finding it.

The deliberate spelling mistake was on page 23 - 'Remember' - and this was spotted by Dolores Crew and Susan Brown. Susan also spotted an accidental mistake on page 20 where it stated Mah Jong details on page 7 – that should have read page 8, apologies for that. Well done to Dolores and Susan.

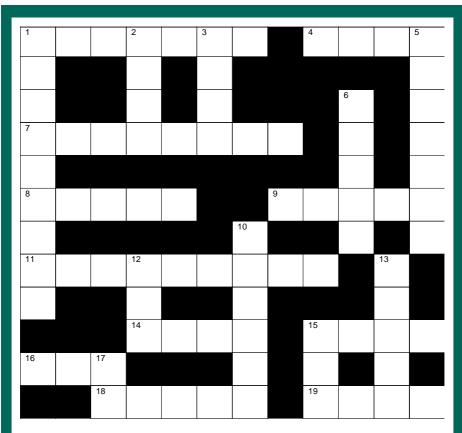
The crossword was successfully completed by Fran Derby, well done Fran, and the answers were as follows:

1a Dragons Den, 7a One, 8a Phew, 11a Tricks, 12a Arena, 13a Exit, 14a MOT, 15a Who, 16a Cold Feet, 18a Yee, 20a Masterchef.

1d Dads Army, 2d Apprentice, 3d New, 4d Dr, 5d No, 6d Newsnight, 9d Era, 10d Minister, 11d The Office, 17d Lois, 18d Yes, 19d The.

Thank you to all our competition entrants New crossword is overleaf

1960s 'Pop' Crossword - with some 70s!



Clues Across: 1. The Fab Four. 4. Eurovision winners. 7. This 60s American girl group were gems. 8. US 60s group defined as misspelt flyers. 9 & 18 British mod group from the 60s definitely not big heads. 11. British 60s group were like prisoners and had a heart full of soul. 14. John Baldry's missing title. 15. Alternative name for a music group. 16. Guitar smashers of my generation. 18. See 9. 19. Bruce Springsteen's nickname.

Clues Down: 1. They love surfing. 2. They're best known for the song 'Hey Girl Don't Bother Me'. 3. Queen of jazz. 5. Tyneside group who hit it big with 'House of the Rising Sun'. 6. This group naturally rose to the top. 10. This West Country Group were wild things. 12. 'Runaway' with - - - Shannon. 13. This British group really got me. 15. 'Blowing in the Wind' with - - - Dylan. 17. Roger Miller was 'King - - The Road'.

Please send your answers to the Editor: $jim_dwyer@btinternet.com$

Notice Board

u3aUpdate

Please address all correspondence, articles, photos and quiz answers to the Editor at: jim dwyer@btinternet.com

Thank you

<u>u3a Term Dates 2022/3</u>

Autumn Term:

1 September 2022 - 20 December

Half-term: 24 October - 28 October Spring Term:

5 January 2023 - 31 March

Half-term: 13 February - 17 February

Any u3a member who feels isolated can speak to a Committee member. Contact details are on page 5.

If anyone wishes to start a new u3a class, please contact our Activities Organiser, Mary Curtis, details appear on page 5.

Remember

to visit our website at www.saffronwaldenu3a.org.uk for all the latest u3a information.

and finally:

I wish I hadn't rubbed tomato ketchup in my eyes, but that's Heinz sight.

Some people think being working class is a negative thing, but I think there are many benefits - I've claimed most of them!

I'm often asked if I enjoy appointing people to judicial positions, but I'll let you be the judge of that.

I asked for a wake-up call at a hotel recently, they replied 'you drink too much and you're killing yourself'.

Planning meals in advance, now that's what I call food forethought.

They say some people inhale books, I know someone who injects books with female protagonists into his veins - he's a heroine addict.

I wonder if they have workers' strikes at stress-ball factories?

A cowboy asked me if I'd help him round up 19 cows, I said 'yes of course - that's 20 cows'.

I was dumped by a girl who said I was too obsessed with The Apprentice, when she said it was over I thanked her for the opportunity.



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All members are covered by public liability insurance, but Saffron Walden u3a accepts no responsibility for any accident not covered by that insurance

Legal Assistance

Legal advice, including Private, Commercial and Employment advice, is currently no longer available

Photo: Sharon Hayler



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